

Addison's Disease

How it affects your dog



ZYCORTAL[®]
SUSPENSION (desoxycorticosterone
pivalate injectable suspension)



What is Addison's disease?

Addison's disease is a condition in which a dog's adrenal glands are not working as well as they should. Medically, Addison's disease is also referred to as primary hypoadrenocorticism.

Dogs with the disease have lower than normal levels of glucocorticoids (cortisol) and mineralocorticoids (aldosterone). These hormones are vital to keep your dog's body functioning normally.

What causes Addison's disease?

The adrenal glands are two small glands that sit next to the kidneys. They produce essential hormones, including cortisol and aldosterone. In dogs with Addison's disease the adrenal glands have been damaged and are not producing these essential hormones as they should. Damaged adrenal glands can be a result of a number of things: hereditary auto-immune disease, tumors, injury, prescription drug side effects, infection or inflammation.

The damaged adrenal glands do not produce enough cortisol and aldosterone, and sometimes none at all. These hormones are vital to regulate many bodily functions such as metabolism, blood pressure, hydration and response to stress.

When a dog doesn't produce enough of these hormones it will become unwell and if the levels become very low it can be life-threatening.

Recognize the signs of Addison's disease

Addison's disease is rare and the symptoms often mimic more common diseases. Symptoms are vague, and can wax and wane over time, which often causes a delay in diagnosing Addison's disease.

Diagnosis is not always straightforward. It takes time and as Addison's disease often looks like other more common diseases with similar symptoms, you will need to give your veterinarian a thorough history of your dog's health and onset of symptoms.

The more noticeable signs of Addison's disease are:

- Loss of appetite
- Lethargy
- Weakness
- Vomiting
- Diarrhea
- Weight loss
- Shivering, tremors and or muscle stiffness
- Depression
- Dehydration

Diagnosing Addison's disease

Your veterinarian will initially suspect Addison's disease based on the clinical signs your dog is showing. They will perform a thorough physical examination of your dog, and your dog will need to undergo a series of blood tests to confirm the diagnosis.

The Importance of Treatment

Treating your Addison's dog is possible and consists of hormone replacement.

Treatment will help resolve your dog's clinical signs. However, if left untreated Addison's disease can be potentially fatal or may result in emergency hospitalization of your dog.

Treating with ZYCORTAL® Suspension (desoxycorticosterone pivalate injectable suspension)

ZYCORTAL Suspension is a long-term medication which replaces the missing aldosterone, the hormone responsible for maintaining hydration and blood pressure.

- Once your dog is diagnosed with Addison's they will receive their first dose of ZYCORTAL Suspension immediately.
- To help determine the correct dose, your dog will need to return to the veterinarian for bloodwork approximately 10 days later and again 25 days after their first injection.
- Once the proper dose is established, your dog will need to visit the veterinarian around once a month to receive an injection of ZYCORTAL Suspension. Your veterinarian will determine the best timing for return visits.
- Your dog will also need a daily tablet to help replace the cortisol, normally secreted by the adrenal gland. You will be asked to give this to your dog at home.

It is important that you follow the instructions given by your veterinarian and attend all scheduled appointments for follow up blood tests and injections, as your veterinarian may need to adjust your dog's dose.





Continuous care

There is no cure for Addison's disease but treatment with ZYCORTAL Suspension will help to manage the symptoms. Your dog will need to be treated for the rest of its life.

Monitoring is important and regular examinations and bloodwork performed by your veterinarian will ensure your dog continues to get the best care. Monitoring will consist of measuring electrolytes, in particular the potassium and sodium levels.

Missing a dose of ZYCORTAL Suspension can be extremely detrimental to your dog's health. Never miss a scheduled appointment or injection. Without the hormone replacement provided by ZYCORTAL Suspension, your dog will get sick again and could have a life-threatening emergency event.

ZYCORTAL Suspension is intended for long-term administration at intervals and doses dependent upon individual response.

As with all drugs, side effects may occur. In field studies the most common side effects reported were: increases in the amount of water consumed and frequency of urination, depression/lethargy, inappropriate urination, hair loss, decreased appetite, panting, vomiting, diarrhea, shaking/trembling, increased appetite, urinary tract infection, urinary tract incontinence and restlessness. ZYCORTAL Suspension should be used with caution in dogs with congestive heart disease, edema, severe kidney disease or liver failure. Dogs presenting in Addisonian crisis must be rehydrated with appropriate intravenous therapy before starting treatment with ZYCORTAL Suspension. Refer to the prescribing information for complete details or visit www.dechra-us.com.

ZYCORTAL[®]

SUSPENSION (desoxycorticosterone pivalate injectable suspension)

For subcutaneous use in dogs only
Mineralocorticoid

CAUTION: Federal law (U.S.A.) restricts this drug to use by or on the order of a licensed veterinarian.

DESCRIPTION: Desoxycorticosterone pivalate is a mineralocorticoid hormone. Chemically, desoxycorticosterone pivalate is 21-(2,2-dimethyl-1-oxopropoxy)-pregn-4-ene-3,20-dione. The structural formula is:

Molecular Formula: $C_{26}H_{38}O_4$

ZYCORTAL Suspension is a white aqueous suspension. Each milliliter contains 25 mg of desoxycorticosterone pivalate. Inactive ingredients are 10.5 mg methylcellulose, 3 mg sodium carboxymethylcellulose, 1 mg polysorbate 60, 8 mg sodium chloride, 1 mg chlorocresol and water for injection (to 100%).

INDICATION: For use as replacement therapy for mineralocorticoid deficiency in dogs with primary hypoadrenocorticism (Addison's disease).

DOSAGE AND ADMINISTRATION: Prior to each use, thoroughly shake the vial to resuspend the product.

ZYCORTAL Suspension replaces the mineralocorticoid hormones only. Dogs with combined glucocorticoid and mineralocorticoid deficiency should also be treated with prednisone or prednisolone at an initial dosage of 0.2-0.4 mg/kg/day (0.1-0.2 mg/lb/day). ZYCORTAL Suspension is intended for long-term administration at intervals and doses dependent upon individual response. Tailor the dose of ZYCORTAL Suspension and the concurrently administered glucocorticoid replacement therapy to the individual dog based on clinical response and normalization of Na^+ and K^+ concentrations.

Initial dose of ZYCORTAL Suspension: The initial dose is 2.2 mg/kg (1 mg/lb) body weight, administered by subcutaneous injection.

Interim monitoring visit: Re-evaluate the dog and measure the serum sodium/potassium ratio (Na^+/K^+ ratio) approximately 10 days after the first dose, which is the time to maximum concentration (T_{max}) of desoxycorticosterone (see **CLINICAL PHARMACOLOGY**). If the dog's clinical signs have worsened or not resolved, adjust the dose of prednisone/prednisolone and/or investigate other causes of the clinical signs.

Second dose of ZYCORTAL Suspension: At approximately 25 days after the first dose, re-evaluate the dog and repeat the Na^+/K^+ ratio.

- If the dog is both clinically normal and has a normal Na^+/K^+ ratio on Day 25, adjust the dose based on the Day 10 Na^+/K^+ ratio using the guidelines in Table 1, below.
- If the dog is clinically normal and has a Na^+/K^+ ratio > 32 on Day 25, either adjust the dose based on the Day 10 Na^+/K^+ ratio according to Table 1 or delay the dose (see **Prolonging the dosing interval**).
- If the dog is either not clinically normal or if the Na^+/K^+ ratio is abnormal on Day 25, adjust the dose of prednisone/prednisolone or ZYCORTAL Suspension (see **Subsequent doses and long-term management**).

Table 1: Day 25: Administering the Second Dose of ZYCORTAL Suspension

If the Day 10 Na^+/K^+ ratio is:	Do not administer Dose 2 on Day 10.	25 days after the first dose, administer ZYCORTAL Suspension, as follows:
> 34		Decrease dose to: 2.0 mg/kg
> 32 to 34		Decrease dose to: 2.1 mg/kg
27 to 32		Continue 2.2 mg/kg
24 to < 27		Increase dose to: 2.3 mg/kg
< 24		Increase dose to: 2.4 mg/kg

Prolonging the dosing interval:

If the dog is clinically normal and the Day 25 Na^+/K^+ ratio is > 32 , it is possible to prolong the dosing interval instead of adjusting the dose as described in Table 1. Evaluate the electrolytes every 3-7 days until the Na^+/K^+ ratio is < 32 , and then administer 2.2 mg/kg of ZYCORTAL Suspension.

Subsequent doses and long-term management: For subsequent doses, use the following guidelines if the dog is not clinically normal and/or has abnormal Na^+ or K^+ concentrations:

- Clinical signs of polyuria/polydipsia: Decrease the prednisone/prednisolone dose first. If the polyuria/polydipsia persists, then decrease the dose of ZYCORTAL Suspension without changing the dosing interval.
- Clinical signs of depression, lethargy, vomiting, diarrhea or weakness: Increase prednisone/prednisolone dose.
- Hyperkalemia, hyponatremia or Na^+/K^+ ratio < 27 : Decrease the ZYCORTAL Suspension dosing interval by 2-3 days.
- Hypokalemia or hypernatremia: Decrease the ZYCORTAL Suspension dose.

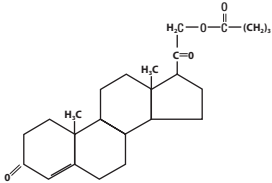
Prior to a stressful situation, consider temporarily increasing the dose of prednisone/prednisolone.

CONTRAINDICATIONS: Do not use ZYCORTAL Suspension in dogs that have previously had a hypersensitivity reaction to desoxycorticosterone pivalate.

WARNINGS: Use ZYCORTAL Suspension with caution in dogs with congestive heart disease, edema, severe renal disease or primary hepatic failure. Desoxycorticosterone pivalate may cause polyuria, polydipsia, increased blood volume, edema and cardiac enlargement. Excessive weight gain may indicate fluid retention secondary to sodium retention. Do not use desoxycorticosterone pivalate in pregnant dogs.

HUMAN WARNINGS: Not for human use. Keep this and all drugs out of the reach of children. Consult a physician in case of accidental human exposure.

PRECAUTIONS: Any dog presenting with severe hypovolemia, dehydration, pre-renal azotemia and inadequate



tissue perfusion ("Addisonian crisis") must be rehydrated with intravenous fluid (saline) therapy before starting treatment with ZYCORTAL Suspension. The effectiveness of ZYCORTAL Suspension may be reduced if potassium-sparing diuretics, such as spironolactone, are administered concurrently.

ADVERSE REACTIONS: One hundred fifty-two dogs were included in the field safety analysis. Adverse reactions are summarized in Table 2.

Table 2: Percentage of Dogs with Adverse Reactions in the Field Study

Adverse Reaction	ZYCORTAL Suspension (n = 113 dogs)	Active Control (n = 39 dogs)
Polyuria	15.0% (17)	12.8% (5)
Polydipsia	13.3% (15)	15.4% (6)
Depression/lethargy	9.7% (11)	2.6% (1)
Inappropriate urination	8.0% (9)	10.3% (4)
Alopecia	5.3% (6)	5.1% (2)
Decreased appetite/anorexia	4.4% (5)	2.6% (1)
Panting	3.5% (4)	0.0% (0)
Vomiting	3.5% (4)	0.0% (0)
Diarrhea	2.7% (3)	7.7% (3)
Shaking/trembling	2.7% (3)	2.6% (1)
Polyphagia	1.8% (2)	2.6% (1)
Urinary tract infection	1.8% (2)	0.0% (0)
Urinary incontinence	0.9% (1)	2.6% (1)
Restlessness	0.9% (1)	2.6% (1)
Urticaria/facial edema	0.0% (0)	5.1% (2)

One dog with a pre-existing Grade III/VI heart murmur developed congestive heart failure 17 days after the first administration of ZYCORTAL Suspension and was removed from the study. In addition to the adverse reactions reported during the field study, post-approval adverse drug experience reporting for desoxycorticosterone pivalate injectable suspension included reports of anaphylaxis and anemia. To report suspected adverse events, for technical assistance or to obtain a copy of the safety data sheet (SDS), contact Dechra at (866) 933-2472. For additional information about adverse drug experience reporting for animal drugs, contact FDA at 1-888-FDA-VETS or online at <http://www.fda.gov/AnimalVeterinary/SafetyHealth>.

CLINICAL PHARMACOLOGY: Desoxycorticosterone is a corticosteroid with primarily mineralocorticoid activity, similar to aldosterone. In the kidney, desoxycorticosterone causes sodium and chloride ion retention, and hydrogen and potassium ion excretion, creating an osmotic gradient. The osmotic gradient promotes water absorption from the renal tubules resulting in increased extracellular fluid volume, leading to blood volume expansion, improved venous return to the heart, and increased cardiac output. After subcutaneous administration of 11 mg/kg body weight (five times the labeled starting/initial dose of 2.2 mg/kg) of ZYCORTAL Suspension, the plasma half-life (mean \pm standard deviation) is approximately 17 ± 7 days, with a maximum concentration (C_{max}) of 13.2 ± 5 ng/mL, and time to maximum concentration (T_{max}) of 10 ± 3.5 days.

EFFECTIVENESS: A double-blinded, multi-site, 180-day field study evaluated the effectiveness of ZYCORTAL Suspension compared to an FDA-approved desoxycorticosterone pivalate active control. One hundred fifty-two (152) dogs of various breeds, 0.5-12.4 years of age and weighing 0.95-61.2 kg were enrolled. One hundred thirteen (113) dogs were treated with ZYCORTAL Suspension and 39 dogs were treated with the active control. Both groups were administered an initial dose of 2.2 mg/kg. Subsequent doses administered and/or frequency of administration were adjusted according to the clinical needs of the dog. A dog was considered a treatment success if it remained clinically normal or had improved clinical signs compared to baseline and the Na^+ and K^+ concentrations were within the reference range of the analyzer, or the Na^+/K^+ ratio was between 27-32. Success rates for ZYCORTAL Suspension were 86.2% and 88.3% on Days 90 and 180, respectively; success rates for the active control were 85.1% and 86.9% on Days 90 and 180, respectively. The mean final dose for ZYCORTAL Suspension was 1.9 ± 0.27 mg/kg (range 1.2-2.5 mg/kg) and the mean final dose interval was 38.5 ± 12.5 days (range 20-99 days) with the majority of dogs having a dosing interval between 20 and 46 days.

ANIMAL SAFETY: In a laboratory study, ZYCORTAL Suspension was administered via subcutaneous injection to 32 Beagle dogs (four groups of 8 dogs each) at doses of 0, 1, 3 and 5 times the labeled starting dose ($1X = 2.2$ mg/kg), once every 21 days for 6 months, for a total of 9 injections. The volume injected in 3X and 5X dogs was equally divided between three and five sites, respectively. Dogs in the 1X group were dosed at a single injection site. Control dogs (0X) received subcutaneous injections of 0.9% sodium chloride at a volume equivalent to the 5X dose. The most frequently noted abnormal clinical observations were injection site reactions in treated dogs, characterized by erythema and edema. Clinical pathology findings considered related to ZYCORTAL Suspension treatment included: decreased mean corpuscular volume in 3X and 5X groups; increased globulin concentrations in all treated groups; decreased potassium concentrations in all treated groups; increased sodium concentrations in all treated groups; decreased chloride concentrations in the 3X group; decreased blood urea nitrogen concentrations in all treated groups; and decreased urine specific gravity concentrations in all treated groups. Gross necropsy findings considered treatment-related included: subcapsular and cortical renal cysts, corresponding histologically with vascular tunica media hyperplasia; and irregular white plaques in the injection site subcutaneous tissue, corresponding histologically with granulomatous inflammation. Additional histology findings considered treatment-related included: chronic inflammation of the renal cortices, cortical tubular basophilia, cortical tubular dilation, glomerulopathy (3X and 5X groups), and adrenal gland vacuolation (zona glomerulosa).

STORAGE INFORMATION: Store at controlled room temperature 25°C (77°F) with excursions between 15-30°C (59-86°F) permitted. Do not freeze. Use within 120 days of first puncture.

HOW SUPPLIED: ZYCORTAL Suspension is supplied in a clear glass vial with 4 mL (100 mg) desoxycorticosterone pivalate (25 mg/mL).

NADA 141-444, Approved by FDA

NDC 17033-382-04

Manufactured for: Dechra Veterinary Products, 7015 College Boulevard, Suite 525, Overland Park, KS 66211
Manufactured in the United Kingdom.

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SUSPENSION (desoxycorticosterone
pivalate injectable suspension)



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January 2016

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01CB-ZYC50042-0816